

szint: középfeladó szinttől



Ha meghallgatjátok a magazinban található érdekes szöveghez tartozó audiót, válaszolni tudtok a kérdésekre. A felvételt az 5percangol.hu oldalról tölthetitek le!



HEALTH AND FITNESS - THE SECRETS TO LIVING LONGER

1 .About how many percentage of adults overweight in Hungary?

- A: 25%
- B: 50%
- C: 75%
- D: 90%



2. Hungary ranks first with a ... of 187.4 out of every 100,000 Hungarian woman.

- A: heart disease death rate
- B: Alzheimer disease death rate
- C: cancer death rate
- D: liver disease death rate

3. Praying and sense of community. They both defenses against ...

- A: agony
- B: flu
- C: overweight
- D: stress

4. What is Green Tea good for?

- A: protects against Alzheimer disease
- B: protects against cancer
- C: protects against cholesterol
- D: protects against pain



5. Which nation is the healthiest in Europe?

- A: Italy
- B: Iceland
- C: France
- D: Japan

6. ... people eat more fish than any other nation.

- A: Italian
- B: Iceland
- C: France
- D: Hungary

7. Only 11% of Finnish people are obese, because 70% of the population ...

- A: take outdoor exercise
- B: eat healthy food
- C: eat salmon with potato
- D: have extended family



8. What should we sprinkle on to our capuccino?

9. How many percentage of French adults are obese?

10. Where can we find Okinawa?

11. How many percentage of French adults are obese?