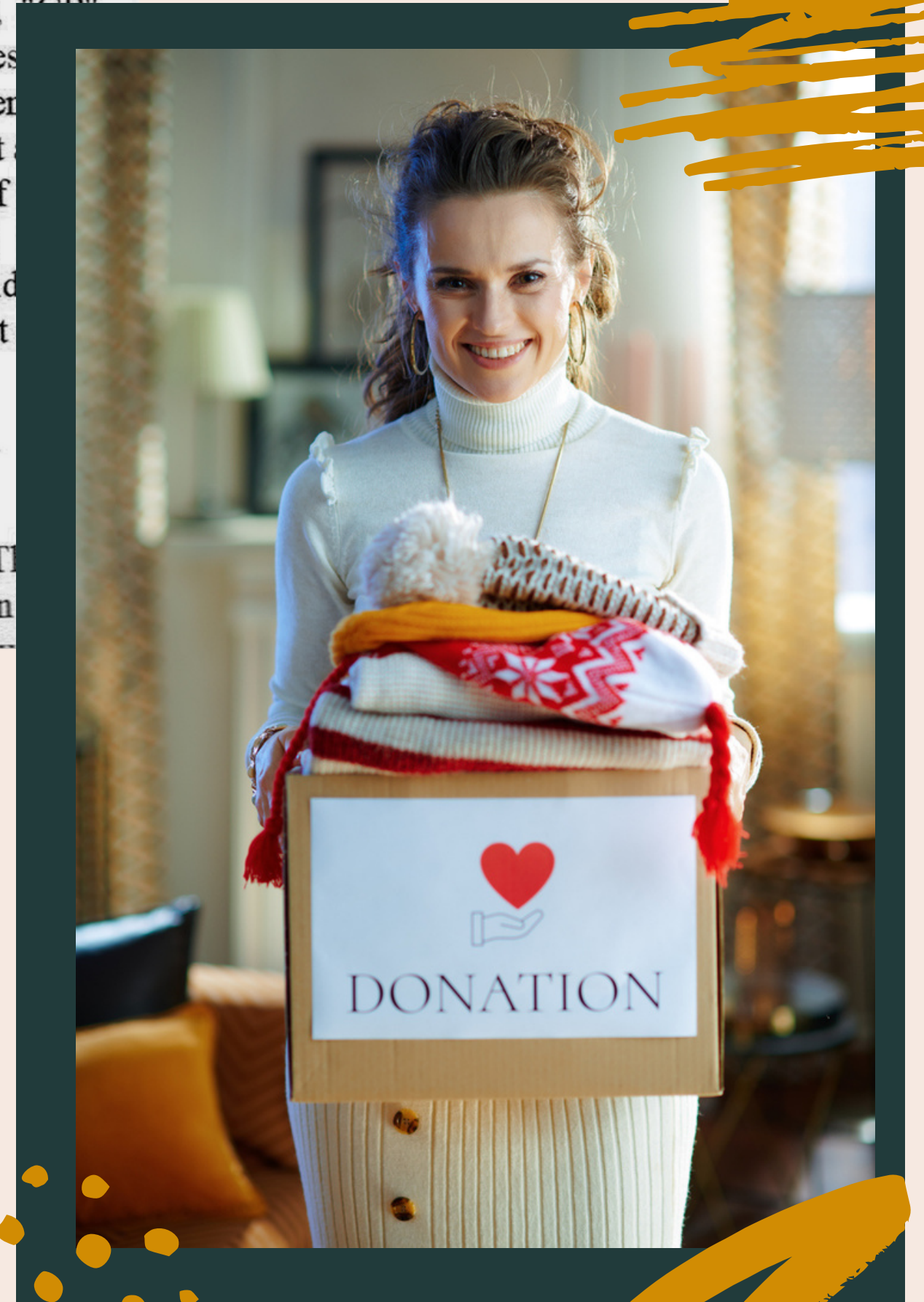


SZALAI NÓRI BEMUTATJA:

LEVEL 4 UNIT 3

Charities

Jótékonyági szervezetek

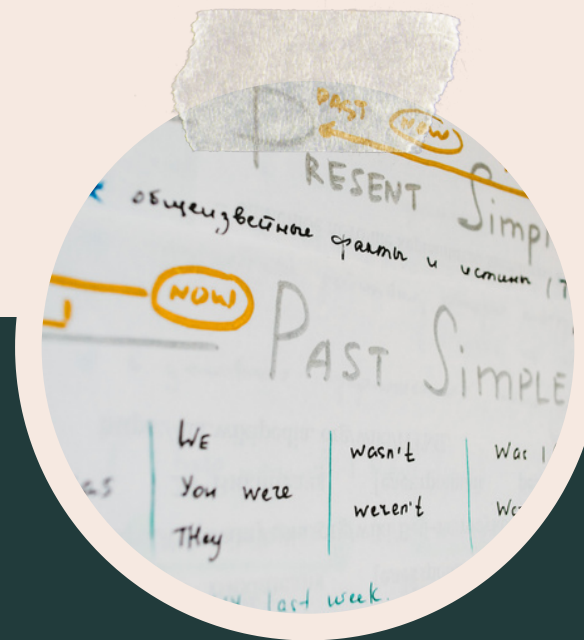


Ebből a leckéből a következőket fogjuk megtanulni:



SZÓKINCST

charities, world charities,
giving and helping people



NYELVTAN

Future Tenses
jövő idők áttekintése



BESZÉD

talking about people in need
and how to help them

Charity: helping people in need

The Dalai Lama once said: *“If you want others to be happy, practice **compassion**. If you want to be happy, practice **compassion**.”* Compassion is the **sympathetic pity** and **concern** for the sufferings or misfortunes of others and it is accompanied by a strong **desire** to help those in need. Compassion motivates people to help physical, spiritual or emotional hurts or pains of others and it very often leads to **charitable acts** intended to help people who are poor or ill, or who need advice and support. The person who helps is called the **giver**, the person or group in need is called the **receiver**.

There are different kinds of charitable acts. Money, food, or other help that an organization or government gives to a country or area where people are in need is called **aid**. The **urgent help** (food, clothes, money, medical help or other resources) is also called **relief**. Wars, **floods**, earthquakes or other natural or human tragedies result in a big number of people in need of help. A **humanitarian** is someone who helps people who live in bad conditions or receive unfair or **unlawful treatment**.



Donation can come in the form of money or goods given to an organization that helps people. If someone is going to take part in a charitable event (a sports event, for example), you can **sponsor** them so as they can raise money for the charitable cause.

Community service is a kind of charity too, it is work without payment that someone does to help their local community. A **voluntary organization** does important work for a certain community. It is not part of the official government services, so it has to raise money and gather **volunteers** by itself. A voluntary organization usually has a specific cause and a specific goal it focuses on.

If someone feels compassion, it is not difficult to find organizations or **charities** that help certain causes. The Internet and social media are great resources for charity as well as contacting local charities for finding out what the community needs.



people in need - rászoruló emberek
compassion - könyörület, együttérzés
sympathetic pity - együttérző sajnálat
concern - aggodalom
desire - vágy
charitable act - karitatív cselekedet
giver - adományozó
receiver - aki adományt kap
aid - segély, segítség
urgent help
sürgős segítség
relief - segély, segítség
flood - árvíz
humanitarian - humanitárius
unlawful treatment - jogtalan elbánás
donation - adomány, adományozás
to sponsor - támogatni, szponzorálni
community service - társadalmi munka
voluntary organization - önkéntes szervezet
volunteer - önkéntes
charity - jótékonyág, karitatív szervezet



PEOPLE IN NEED

the hungry - az éhezők

the sick - a betegek

the poverty-stricken - a szegények

the homeless - a hajléktalanok

the dying - a haldoklók

the unemployed - a munkanélküliek

the aged - az öregek

the malnourished - az alultápláltak



The Red Cross and the Red Crescent

The World Red Cross and Red **Crescent** Day has been celebrated on 8th of May since 1948. The day is also the date of birth of the **founder** of the Red Cross, Henry Dunant, who got the first ever Nobel Peace Prize. The day celebrates the role of **members** and volunteers of both organizations in saving lives and protecting poor people around the world, and also encourages people to help people in need.

The Red Cross traditionally operates in Christian countries, while the Red Crescent serves Muslim populations. However, there are moves to add a non-religious “Red Diamond” partner. They are among the most famous charities around the world and their two symbols are the most recognized logos anywhere. The two organizations **operate** in over 170 countries and have nearly 100 million members. An amazing 250 million people a year **receive** their help.



The following three things make up the movement:

1) The International **Committee** of the Red Cross (ICRC) was created in 1863 in Geneva, Switzerland. Its job, under international law, is to protect the life and **dignity** of the **victims** of war.

2) The International **Federation** of Red Cross and Red Crescent **Societies** (IFRC) was founded in 1919. It tries to make sure the national Red Cross and Red Crescent Societies can work together and organise **relief assistance** missions in case of **large-scale emergencies**. The International Federation Secretariat is also based in Geneva, Switzerland.

3) There is a Red Cross and Red Crescent society in nearly every country in the world. They all work in their own country, following the ideas of international humanitarian law and the statutes of the international Movement. The British Red Cross Society also organises volunteer ambulances at public events, while the German Red Cross operates a blood bank and a professional full-time **ambulance service** for hospitals.

According to the **Geneva conventions**, there are five goals for International Red Cross and Red Crescent movements, which are the following:

- To monitor **compliance** of warring parties with the Geneva Conventions
- To organize nursing and care for those who are **wounded** on the battlefield
- To supervise the treatment of **prisoners of war**
- To help with the search for missing persons in a war (tracing service)
- To organize protection and care for normal people
- To make peace between groups in war

How can people help? People can help by volunteering their time, donating their money, organizing events or even by giving blood.



crescent - félhold
founder - alapító
member - tag
to encourage - bátorítani
to operate - működni
to receive - kapni
committee - bizottság
dignity - méltóság
victim - áldozat
federation - szövetség
society - társaság
relief assistance - segélynyújtás
large-scale emergency - nagyarányú vészhelyzet
ambulance service - mentőszolgálat
Geneva conventions - genfi egyezmény
compliance - teljesítés
wounded - sebesült
prisoner of war - hadifogoly



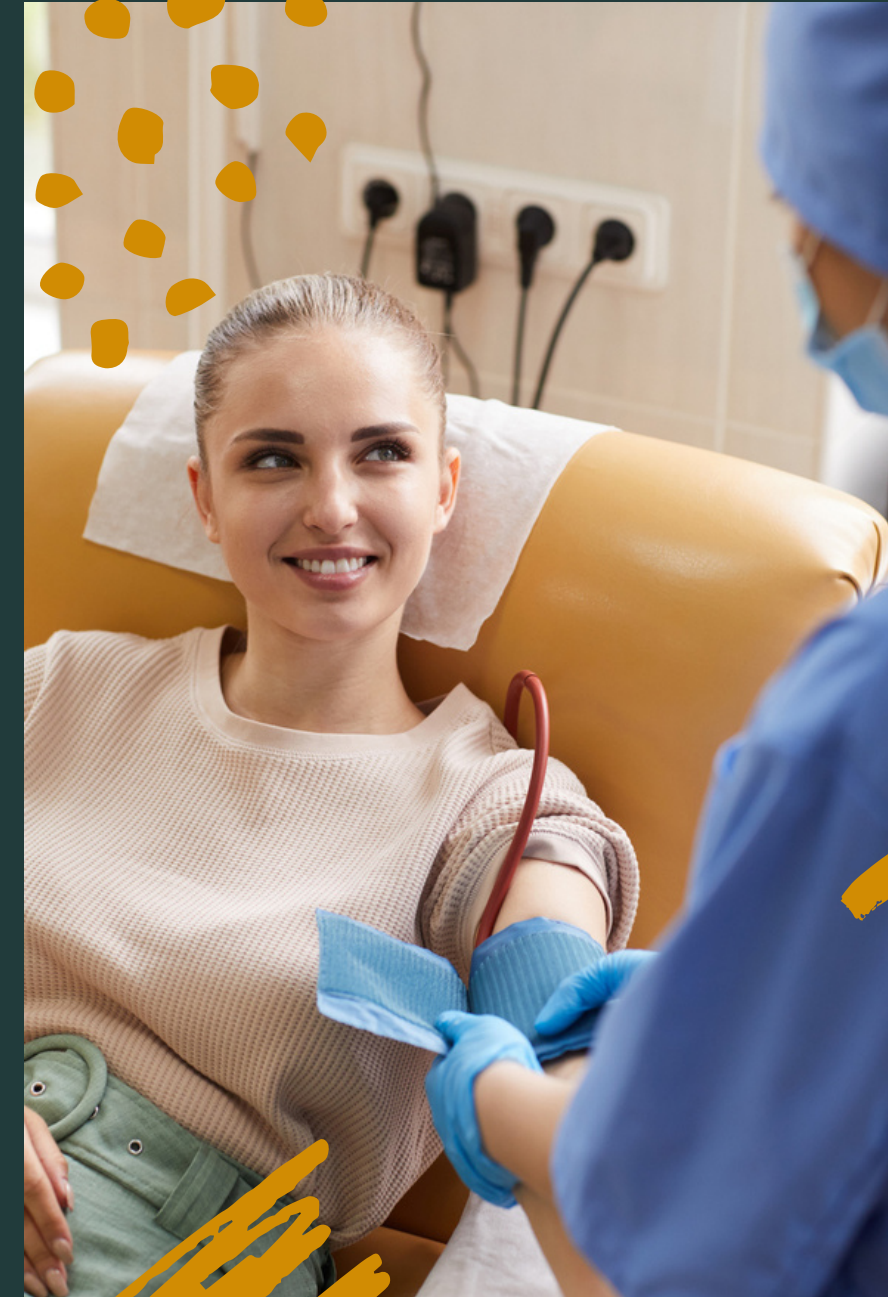
Giving or donating blood

Someone needs blood every three seconds! Although **approximately** 60% of our population **qualifies** to donate blood, less than 5% actually do so. So, if you want to help, you can donate blood, which can be used for **blood transfusions** or to make certain drugs. **Blood banks** store this blood. The blood donor and the donated blood are also tested for diseases which **spread** through the blood, like various forms of Hepatitis, HIV and Syphilis. Usually a series of questions also need to be answered to **make sure** that there is no risk to the person donating.

At one session, usually 450-470 ml of blood is taken (we have around 5.6 litres), which is usually replenished by the body within a week or two.

How to prepare to give blood?

- 1) Rest and relax before donating blood.
- 2) **Avoid** heavy exercise and **heavy lifting**.
- 3) Drink enough water!
- 4) Be in good general health and feel well!
- 5) You must be healthy!
- 6) Have a **snack**!
- 7) Eat **iron-rich** foods.
- 8) Eat a meal **high in protein**.
- 9) Avoid fatty foods,
- 10) Avoid smoking and alcohol!



to donate - adományozni
approximately - körülbelül
to qualify - alkalmas valamire
blood transfusion - vérátömlesztés
blood bank - vérbank
to spread - terjedni
to make sure - biztosítani
session - alkalom, foglalkozás
to replenish - újra feltölteni
to avoid - elkerülni
heavy lifting - súlyemelés
snack - uzsonna
iron-rich - vasban gazdag
high in protein - magas fehérjetartalmú



Fill the gaps with the words from the table. There is one extra word.

donated, approximately, session, snack, replenish, avoid

1. We are two hours from Brighton.
2. Lisa hasn't had a yet, so she is a bit grumpy. Please, slice an apple for her.
3. I will try to her in the future, she is so negative.
4. The starts at 3 o'clock sharp, so don't be late, please.
5. Jim has not only money, but food, diapers and clothes too.



Let's donate!

Woman: I've been tidying the house the past week and realized that we've got lots of extra stuff we don't need. What shall we do with them?

Man: What kind of stuff do you exactly mean?

Woman: Well, plenty of clothes I don't wear any longer, for example. Some of them are as good as new, as I've got tons of clothes and there are some that I've put on only once or twice. And there are the clothes the kids have outgrown and we still have some of their baby stuff. I've been keeping them for nostalgic reasons but we're running out of storage space and we will definitely not have any more children, don't you think so?

Man: That's for sure, darling. Have you thought of donating the clothes?

Woman: Yes, I have, but I have no idea where to. You always have good and practical ideas, so could you please help me out?

Man: There are so many charity organizations that it isn't easy to choose from them. Let's Google some of them.

Woman: I would like to find a charity shop or organization near us because it would be difficult to carry the clothes somewhere far even by car. They are quite heavy.

Man: Let's see. There's a charity shop two streets from here. I'm surprised you haven't discovered it yet.

Woman: It must have opened recently and I've spent most of my time at home in the past few weeks. What do they take?

Man: Clothes, kitchen utensils, bedclothes, bric-a-brac, toys and shoes. They don't accept furniture and books, though. Do we have extra books as well?

Woman: Yes, but I was planning to donate them to the local library. And I've just remembered that a young colleague of mine is expecting a baby. The baby stuff may come in handy for her. They got married not long ago and don't have much money. She will be happy that she won't have to pay an exorbitant amount of money on baby clothes.

Man: Do we have any furniture to give away?

Woman: Yes, a few smaller items. Two chairs, a dressing table and an armchair if we want to free up some space.

Man: It would definitely be nice to have some more space in the house. I'll do some search online to find out where we could donate them.

Woman: Thanks, and let's take the clothes to the charity shop in the afternoon.

IMPORTANT PHRASES

We've got lots of extra stuff we don't need. – Sok olyan holmink van, amire nincs szükségünk.

What shall we do with them? – Mit csináljunk velük?

Some of them are as good as new. – Néhány közülük szinte új.

There are some that I've put on only once or twice. – Van néhány, ami csak egyszer-kétszer volt rajtam.

I've been keeping them for nostalgic reasons. – Nosztalgikus okokból tartogatom őket.

We're running out of storage space. – Kezd kevés lenni a tárolóhely.

I'm surprised you haven't discovered it yet. – Csodálkozom, hogy még nem fedezted fel.

It must have opened recently. – Bizonyára mostanában nyílt.

What do they take? – Mit vesznek be?

it may come in handy for her – jól jöhet neki

an exorbitant amount of money – hatalmas mennyiségű pénz

If we want to free up some space. – Ha fel akarunk szabadítani némi helyet.

It would definitely be nice to have some more space in the house. – Igazán jó lenne, ha lenne kicsit több helyünk a házban.

I'll do some search online. – Lekutatom a neten.

Let's take the clothes to the charity shop – Vigyük el a ruhákat az adományboltba!



IMPORTANT WORDS

to donate – adakozni, adni jótékony célra

tons of – rengeteg

to outgrow – kinőni

baby stuff - babaholmi

practical idea – gyakorlatias ötlet

charity organization – jótékonyági szervezet

charity shop – adománybolt

in the past few weeks – az elmúlt néhány hétben

kitchen utensils – konyhai eszközök

bedclothes - ágynemű

bric-a-brac – csecsebecse, apróbb tárgyak

local library – helyi könyvtár

to expect a baby – kisbabát várni

to give away – odaadni, továbbadni

dressing table – öltözőasztal



Use the following words in the phrases below

verb: to aid

personal noun:

abstract noun:

adjective: XXX

verb:

personal noun:

abstract noun: assistance

adjective: XXX

verb: XXX

personal noun: XXX

abstract noun: charity

adjective:

verb: to help

personal noun:

abstract noun:

adjective:



Use the following words in the phrases below

This is Mr Smith, the Manager, and this is Miss Jones, his Personal

He is ... without his wife to organize him.

I can't do all this on my own. I need a

If I won the lottery I would give all the money to a children's

Monolingual dictionaries are extremely ... for language students.

She gives a lot of money to the poor. She's a very ... person.

She has a very good job. She is one of the President's top

The old lady could eat only when she was ... by a nurse.

The yoga breathing techniques were a great ... when she had panic attacks.

We would like to thank you for your ... in this matter.

When there is a natural disaster many countries send ... to the affected areas.

The spread of the disease was ... by the lack of clean water in the area.

